

KITCHEN 101:

Pantry Staples

Keep these on hand and you'll always be ready for dinner!

- Cans of chicken broth or bouillon cubes
- Onions
- Carrots
- Celery
- New Potatoes
- Lemons
- Olive Oil
- Balsamic Vinegar
- Frozen chicken breasts or thighs
- Whole chicken
- Pork Chops
- Pot Roast
- Cream of Mushroom soup
- Dried Onion Soup packet
- Spaghetti Sauce
- Salsa Verde
- Tortillas
- Brown Rice
- Pasta
- Various Nuts
- Spices: Rosemary, Thyme, Basil, Oregano, Parsley, Garlic, Sea Salt, Ground Black Pepper

